



## I. P. A. POWERMAN World Ranking System

- Points of all races in the last 12 months are cumulated.
- The same race can count only once for the ranking.
- After each race the ranking will be updated.
- The result of the POWERMAN World Series of one year is the standing after the POWERMAN World Championships (Zofingen-Switzerland).
- Beginning in the 2019 races, the world ranking system includes also points in age group categories

### Points Table Elite

	<b>World Place Championship</b>	<b>Continental Championship</b>	<b>World Cup Race &amp; Champion Series</b>	<b>International Points Races</b>
1	2000	1500	1000	500
2	1600	1200	800	400
3	1400	1050	700	350
4	1200	900	600	300
5	1000	750	500	250
6	800	600	400	200
7	700	525	350	175
8	600	450	300	150
9	500	375	250	125
10	400	300	200	100
11	360	270	180	
12	320	240	160	
13	280	210	140	
14	240	180	120	
15	200	150	100	
16	180	135	90	
17	160	120	80	
18	140	105	70	
19	120	90	60	
20	100	75	50	

### Points system Age Group

- Age Groups: M20, M25, .... W20, W25 and so on  
the points are calculated in the age group in which the athlete belongs in the corresponding year of the race.
- Points formula:  
International point race      Points = 500 \* personal time/ fastest time in age group  
Continental Championship      Points = 1500 \* personal time/ fastest time in age group  
World Championships      Points = 2000 \* personal time/ fastest time in age group